

**SIDNEY HIGH SCHOOL  
Interscholastic Sports Option  
Physical Education Waiver**

According to Ohio Revised Code, all high school students are required to earn ½ credit of physical education before graduation.

Sidney High School has traditionally offered ¼ credit courses each semester in physical education. Students will have the option of taking the traditional physical education courses. It is not recommended to wait until the senior year to take the required physical education credits.

A new option that is available will allow students to waive the traditional physical education requirement. The waiver is earned by successfully completing the requirements for two *full* seasons of interscholastic sports, cheerleading, marching band, or a combination of any of these to waive the physical education requirement. Students who select this option would have ½ credit from another curricular area to make up in place of the PE credit, but it could be in any area of choice.

Students who select this option are **restricted to completing two full seasons of interscholastic sports, cheerleading or marching band.** A student is not permitted to take one course of a traditional physical education course and one season of interscholastic sports.

**Sidney High School Interscholastic Sports Option**

Students at SHS may opt to waive the physical education requirement by participating successfully in two *complete* seasons of interscholastic sports, cheerleading, marching band or a combination of any two of these physical activities. Students who select this option must take an additional ½ credit of other study to make up for the ½ credit of PE that they are not taking. That ½ credit can be in any subject of the student's choice.

Interested students must complete the Intent to Participate form for the PE Waiver Option. This form must be on file in the guidance office **BEFORE** the legal start date for each sport as determined by the OHSAA. Successful completion of interscholastic sports, cheerleading or marching band will be determined by the Athletic Department and SHS Band Director. It will be noted on the student's SHS transcript that successful completion of the Physical Education waiver has been met.

Revised June 2009

**SIDNEY HIGH SCHOOL**

**Agreement to Waive Physical Education Requirement for Interscholastic Sports**

**Sidney High School Scheduling Guide**

I, \_\_\_\_\_, understand that by signing this document, my physical education requirement at Sidney High School will be waived, contingent upon my successful completion of two seasons of interscholastic sports, cheerleading, two seasons of marching band or a combination of any two of these activities.

If I do not successfully complete the season, become ineligible, or am injured (I cannot miss more than 60% of all practices and games), this agreement will be voided and I will have to participate in the physical education classes scheduled at the high school.

I also understand that because I will not be earning the ½ credit of physical education under this option, I must now select and enroll in ½ credit of some other curricular study to ensure that I have the correct amount of credits for graduation.

The two seasons I intend to complete and use to waive my physical education requirement are:

For Office Use Only

\_\_\_\_\_  
 Team Season Year

\_\_\_\_\_  
 Team Season Year

Date	Counselor

\_\_\_\_\_  
 Student Signature Date

\_\_\_\_\_  
 Parent Signature Date

\_\_\_\_\_  
 Counselor Signature Date

\*Guidance Department: indicate successful completion of each season with the ending date of season and your initials.  
 Revised June 2009

Final Form